



**derby
carers**

Information, Advice and
Support Service

Are you looking after someone in Derby City?

You might be a Carer if you:

- Help a loved one with day to day tasks
- Support a loved one who is ill, disabled or experiencing frailty
- Help a loved one with mental health needs
- Support a loved one with addiction
- Look after a partner, parent, friend or neighbour

What We Offer

- Information & advice
- One-to-one support
- Carer groups and activities
- Help to stay well
- Support to find services
- Someone to talk to



SCAN TO FIND
OUT MORE

Get in touch with us by phone:

01332 315 777 or email:
info@derbyshirecarers.co.uk



Derby City Council



Derby and Derbyshire
Integrated Care Board

