

Here to help in Derby

Cranstoun Derby is a free and confidential adult service for residents of Derby who would like Alcohol & Other Drugs support.

We inspire and empower people to live healthier and safer lives and deliver a wide range of interventions focusing on harm reduction and making positive changes.

Contact us

T: 01332 416 139
E: derby@cranstoun.org.uk

Referral email:
derbyreferrals@cranstoun.org.uk

Accessing support & opening hours

Call or email us to access support and to find out about our new hub which is coming soon!
**We're open Mon & Fri (9am–5pm),
Tue (12pm–5pm), Wed & Thu (9am–8pm).**
Closed Bank Holidays.

Intuitive Thinking Skills

We're delighted to be working in partnership with Intuitive Thinking Skills in Derby.



Find out more

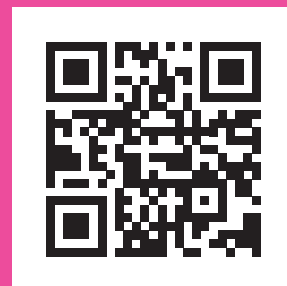
Scan the QR Code to access our Cranstoun Derby web page and online referral form.



CRANSTOUN

Empowering People, Empowering Change

**To be a world-class leader in
rebuilding lives.**



www.cranstoun.org



Central office
T: 020 8335 1830
E: info@cranstoun.org.uk

Registered Charity No: 1061582
Registered Company No: 3306337

CRANSTOUN

Empowering People, Empowering Change

**Everyone
deserves
help at their
time of need.**

**You don't have
to cope
alone.**



Everyone deserves to be healthy & safe

Alcohol and drug use can greatly impact individuals, families and communities.

We understand that every person and their relationship with alcohol and drugs is different, and each person affected needs a different level of support.

We're determined to create an environment that reduces harm without judgement and truly empowers the individual to create positive change in their lives and the lives of those they care about.

Cranstoun understands that taking this first step to seek help, advice or support can often be the most difficult one. We're here to welcome every person into our service with warmth, understanding and compassion.



How we help

Cranstoun Derby provides alcohol and drug support to adults (18+) in Derby. Whether you need advice for yourself or someone you care about, we are here to help.

Cranstoun Derby support

The support we provide is tailored for you!

- Easy access, referral, assessment & advice
- One-to-one sessions
- Group sessions & programmes
- Drug & alcohol detox
- Harm reduction advice & help to stay safe
- Prescribing services
- Needle exchange & naloxone
- Blood Borne Virus (BBV) interventions
- Women's support and groups
- Bespoke interventions for young adults
- Individual interventions for specific client groups to achieve positive change
- Peer to peer support
- Access to IPS employment support
- Digital tools
- Outreach and street-based support
- Signposting to additional services



Confidentiality

Cranstoun Derby respects your right to privacy. We will explain to you how we keep things confidential.

Equal opportunities

The Cranstoun Derby service is for adults over the age of 18. We do not discriminate against anyone and we promote equality and diversity.

Your involvement

You can work with us to shape and develop Cranstoun Derby. There are lots of ways to get involved, just talk to a team member.

Volunteers

Cranstoun Derby has a number of volunteer roles, which can be flexible to suit you. If you would like to get involved, please ask your worker or contact Cranstoun Derby on **01332 416 139**.